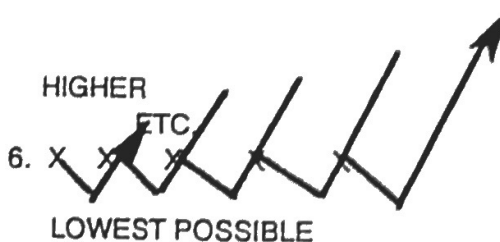
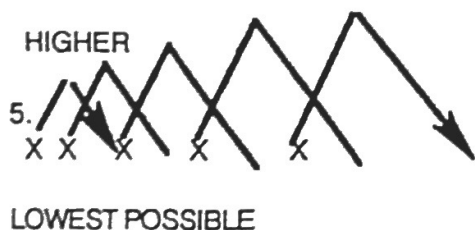
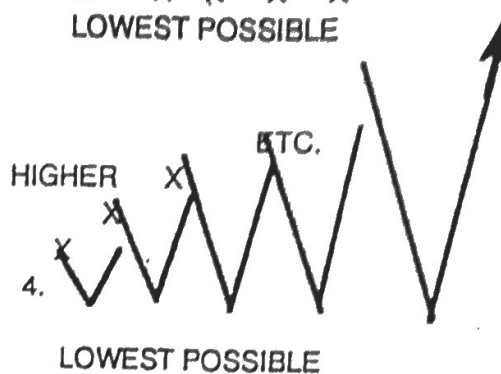
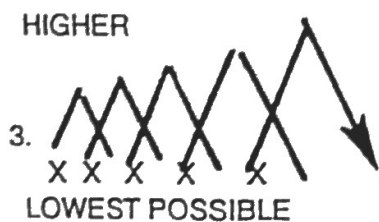
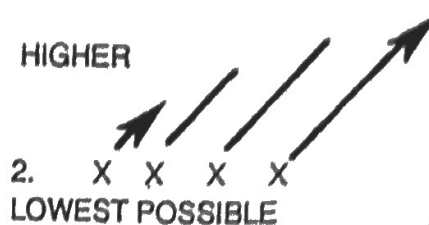
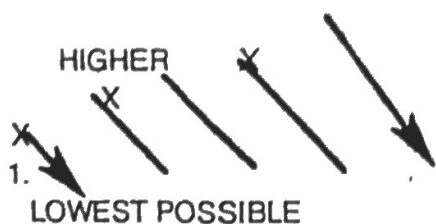


# BRASS BUZZING



7. Repeat #1 to relax after working the above exercises.

M-F: 1-2 times

Sat-Sun: 3-5 times

## RULES AND GUIDELINES

1. Do each exercise ~~10 times~~. Always work higher and go from your extreme on the ~~10th~~ <sup>Last</sup> time.
2. Do not start the buzz by tonguing. Blow the lip open by starting with a "who" attack.
3. Do not buzz too loudly. It is better to buzz soft as soft and high are very similar.
4. Do not let your corners move as you work through these exercises. Make one embouchure setting do all the work.
5. Rest as much as you buzz. (Ex. Buzz, rest, buzz, rest...)
6. When you get as high as you can go with the mouthpiece open, close off the end to develop back pressure and work the exercise with the end partially closed. This works for extended range.
7. This exercise should be practiced in front of a mirror. Watch yourself and look for problems. Never skip a day. You may lose three days of progress for each day you don't work. Remember, rest as much as you work, always play a low note for every high note, and play soft as much as you play loud. You can't teach a tired lip something new as the lips work best in their relaxed state. A warm up should relax the lip and establish good blood flow.